

Swimmer's Code of Conduct

Statement of Commitment from swimmers:

The Committee, coaches and teachers require the following commitment from all swimmers:

- Show respect towards coaches, teachers, poolside assistants, chaperones, pool staff and other swimmers at all times in the pool, on poolside and in the changing rooms.
- Notify any relevant health and fitness conditions that may affect performance objectives during training sessions or at competitions.
- Swimmers are expected to attend whenever possible, 2 competitions or Beta League matches as suggested by Club coaching staff per swimming year. (August - July).

Attendance:

- All swimmers are expected to attend a minimum of 75% of their squad training sessions per calendar month.
- Land training sessions where offered are optional but highly recommended.

Personal Appearance:

- Squad caps must be worn at all training sessions.
- Bridge of Don caps must be worn at all competitions.
- Club approved kit must be worn by swimmers for all medal presentations.

Behaviour and Personal Conduct:

- Language and behaviour must always be appropriate and socially acceptable.
- Bridge of Don ASC has a zero tolerance to any form of bullying.
- Breaches of the Code of Conduct will in the first instance be dealt with by the coach / teacher. He / she will report any incident to the Coaches Representative who will notify the committee as necessary.

Medication:

- Information on all medication and supplements being taken should be reported to the coach / teacher.
- Pass all medication (particularly inhalers) to the coach / teacher at the beginning of all training sessions and at competitions.

All swimmers should comply with the principles of good ethical practice listed below:

- Always promote the positive aspects of the Club and their sport.
- Practice fair play both during and outside of all sports activities. 'Fair Play' is defined as showing consideration for athletes, staff, officials and parents.
- Adhere to all Bridge of Don A.S.C policies as indicated in the Club handbook.

I (name) _____ AGREE TO ABIDE BY THIS DOCUMENT:

SWIMMER'S SIGNATURE:

(swimmer please sign)

PRINT NAME:

DATE:

PARENT'S SIGNATURE:

(also required if swimmer is under 16 yrs)

PRINT NAME:

DATE:

Please sign one copy of this document and return it for the attention of Hazel Fowler Membership Secretary along with your 2011 membership fees and retain a copy for your own records.